MEN

2007 NCAA National Champions

2007 NCAA West Regional Champions

2007 Pac-10 Champions

2007 Bill Dellinger Invitational Champions

2007 Pac-10 and National Coach of the Year Vin Lananna

2007 All-Americans Kenny Klotz Daniel Mercado Diego Mercado Shadrack Kiptoo-Biwott Galen Rupp

> 2007 NCAA West Regional Champion Galen Rupp

2007 Pac-10 Champion Shadrack Kiptoo-Biwott

2007 Pac-10 Athlete of the Year Shadrack Kiptoo-Biwott

> 2007 Pac-10 Newcomer of the Year A.J. Acosta



OREGON MEN'S CROSS COUNTRY HISTORY

By winning their first NCAA Championship in 30 years, the current members of the Oregon cross country team have begun to write another chapter to the storied legend that embodies the tradition of running for the Men of Oregon.

In their 33 trips to the NCAA Championships, the Men of Oregon have claimed five NCAA titles, seven runner-up finishes and four more third-place efforts among their 28 top-10 finishes. The University of Oregon fielded its first track and field team in 1897. A decade later, Oregon's first great track and field head coach, Bill Hayward, began an amazing 44-year career with the Ducks from 1904-47, and assisted Olympic squads from 1908-32.

The Ducks featured three Olympic distance runners during that period — Americans Walter McClure (1912, 800m) and Ralph Hill (1932, 5,000m, 2nd) and Canadian Jack Hutchins (1948, 800m/1,500m; 1952, 800m). Hill, a native of Klamath Falls, Ore., broke the American mile record in 1930 (4:12.4), then added the American 5,000m record in 1932 (14:30.0).

The Ducks' exceptional distance tradition continued in the 1950s under the guidance of another legendary coach, Bill Bowerman who later served as the 1972 U.S. Olympic head coach.

Springfield, Ore., native Bill Dellinger won Oregon's first NCAA distance title in the mile in 1954, was the collegiate mile runner-up in '55, then added the 5,000m crown in '56. After college, he set six American records, two world records and made three Olympic appearances, earning the 1964 Olympic 5,000m bronze medal.

His teammate Jim Bailey was also an NCAA mile champion (1955) and Olympian (800m, 1956), and became the first miler to break the 4:00 minute mark on U.S. soil in Los Angeles in 1956 (3:58.6).

The mile and 1,500m continued to be an Oregon trademark thanks to four straight NCAA titles by Jim Grelle (1959) and Dyrol Burleson (1960-63). The latter Cottage Grove, Ore., native Burleson eventually claimed a pair of top-six Olympic finishes in the 1,500m (sixth, 1960; fifth, '64) and four American records during his collegiate career.

Oregon's first trips to the NCAA Cross Country Championships were rewarded with instant success. The Ducks scored runner-up NCAA finishes in '63 and '64 and were led by All-Americans Clayton Steinke and Ken Moore who placed 11th and 14th in 1963, respectively. A decade later, Moore placed fourth in the 1972 Olympic marathon after finishing 14th in '68.

That same 1972 Olympic team showcased another Duck great — Steve Prefontaine — who helped transform the sport under the guidance of Dellinger, who had rejoined the program as an assistant coach in 1968 and assumed the head post in 1972.

Prefontaine arrived as a confident, talented star from the blue collar, coastal town of Coos Bay, Ore., and immediately demonstrated how he had become the U.S. junior record holder in the 2-mile (8:41.5, 1969).

That fall, Prefontaine finished third as a freshman in the 1969 NCAA Cross Country Championships, then added three NCAA cross country individual titles, leading the Ducks to two NCAA cross country team victories (1971, '73) and second- and third-place finishes in 1969 and '70. Though Pre passed away tragically in a car crash in 1975, a host of other Oregon runners shared his pursuit for American records and Olympic berths.

"Dellinger's Army" added a third NCAA team title in 1974 thanks to a quartet of All-Americans who finished top 25 — Paul Geis (fourth), Dave Taylor (fifth), Terry Williams (sixth) and Gary Barger (25th).

A new generation of Oregon excellence was introduced in 1976 with the arrival of freshmen Alberto Salazar and Rudy Chapa who combined for one NCAA title, four top-10 NCAA finishes and seven cross country All-America honors. The duo, along with All-Americans Don Clary, Bill McChesney, Jr. and Matt Centrowitz, won the fourth NCAA cross country team championship for the Ducks in 1977. Members from what is considered among UO's greatest teams ultimately combined for an amazing six Olympic and two World Championships invitations on the track.

UO's success continued in the '80s and '90s as eventual World Championships qualifiers Jim Hill and Brad Hudson scored top-10 NCAA cross country finishes. Other top-five NCAA teams featured Olympians and World Championships vets Karl Keska, Danny Lopez, Dan Nelson and Nick Rogers.

The three-time Olympian Dellinger also returned to the event as a U.S. assistant coach for the 1984 Los Angeles Olympic Games.

Steve Fein helped usher Oregon into the new millennium when he took third in the NCAA Championships in 1999 as the top American finisher — less than a month after his Pac-10 and West Regional wins. Jason Hartmann followed with three All-America honors in 1999, 2000 and 2002 and became the third Duck ever to accomplish the feat. His last honor helped UO to its 18th top-five NCAA team finish in 2002.

Last season, under coach Vin Lananna and led by All-Americans Galen Rupp and Shadrack Kiptoo-Biwott, the Ducks brought the NCAA trophy back to Eugene for the first time since 1977. After winning the NCAA West Regional, Rupp took second at the national meet, while Kiptoo-Biwott won the Pac-10 title and raced to a ninth-place showing at the NCAA Championships.

And this current group of Ducks looks to be just beginning to leave its mark in Oregon cross country history.

WOMEN

2007 NCAA National Runner-up

2007 NCAA West Regional Runner-up

2007 Pac-10 Runner-up

2007 Bill Dellinger Invitational Champions

2007 All-Americans Nicole Blood Alexandra Kosinski

> 2007 NCAA West Regional Runner-up Nicole Blood

2007 Bill Dellinger Invitational Champion Nicole Blood

2007 Pac-10 Newcomer of the Year Alexandra Kosinski



Men's Top-10 NCAA Championships Finishes

- 1963 1. San Jose State 53, 2. OREGON 68
- 1964 1. W. Michigan 86, 2. **OREGON 166**
- 1965 1. W. Michigan 81, 2. Northwestern 114...8. **OREGON 229**
- 1969 1. Texas-El Paso 74, 2. Villanova 88, 3. **OREGON 111**
- 1970 1. Villanova 85, 2. OREGON 86
- 1971 1. **OREGON 83**, 2. Washington State 122
- 1972 1. Tennessee 134, 2. E. Tennessee St. 148, 3. OREGON 158
- 1973 1. **OREGON 89**, 2. Texas-El Paso 157
- 1974 1. **OREGON 77**, 2. Western Kentucky 110
- 1976 1. UTEP 62, 2. OREGON 117
- 1977 1. **OREGON 100**, 2. Texas-El Paso 105
- 1978 1. UTEP 56, 2. **OREGON 72**
- 1979 1. UTEP 86, 2. OREGON 93
- 1982 1. Wisconsin 59, 2. Providence 138...10. **OREGON 266**
- 1983 1. UTEP 108, 2. Wisconsin 164, 3. **OREGON 171**
- 1986 1. Arkansas 69, 2. Dartmouth 141...4. **OREGON 185**
- 1988 1. Wisconsin 105, 2. No. Arizona 160...7. **OREGON 233**
- 1989 1. lowa State 54, 2. **OREGON 74**
- 1990 1. Arkansas 68, 2. lowa State 96...5. **OREGON 201**
- 1992 1. Arkansas 46, 2. Wisconsin 87...8. **OREGON 276**
- 1995 1. Arkansas 100, 2. No. Arizona 142...7. OREGON 228
- 1996 1. Stanford 46, 2. Arkansas 74, 3. **OREGON 140**
- 1997 1. Stanford 53, 2. Arkansas 56...8. **OREGON 266**
- 1998 1. Arkansas 97, 2. Stanford 114...5. OREGON 233
- 1999 1. Arkansas 58, 2. Wisconsin 185...6. **OREGON 306**
- 2002 1. Stanford 47, 2. Wisconsin 107...5. **OREGON 210**
- 2002 1. Starriord 47, 2. Wisconsin 107...5. OREGON 210
- 2002 1. Stanford 47, 2. Wisconsin 107...5. OREGON 210
 2006 1. Colorado 94, 2. Wisconsin 142...5. OREGON 196
- 2007 1. **OREGON, 85**, 2. Iona, 113



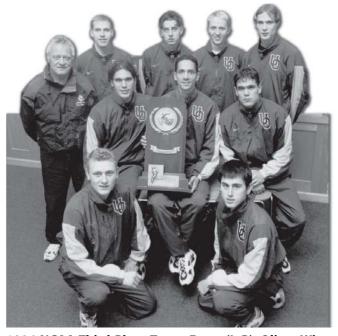
1971 NCAA Champions: Front (L-R): Pat Tyson, Mike Long. Back: Rich Ritchie, Bill Bowerman, Steve Prefontaine, Randy James, Mark Savage, Bill Dellinger.



1973 NCAA Champions: Front (L-R): Bill Dellinger, Terry Williams, Steve Prefontaine, Tom Hale. Back: Dave Taylor, Gary Barger, Randy James, Scott Daggatt, Bill Bowerman.

Men's NCAA All-Americans

- 1963 11-Clayton Steinke, 14-Ken Moore
- 1969 3-Steve Prefontaine, 15-Mike McClendon
- 1970 1-Steve Prefontaine
- 1971 1-Steve Prefontaine, 19-Randy James
- 1972 4-Randy James
- 1973 1-Steve Prefontaine, 22-Terry Williams
- 1974 4-Paul Geis, 5-Dave Taylor, 6-Terry Williams,25-Gary Barger
- 1975 4-Terry Williams
- 1976 9-Rudy Chapa, 16-Terry Williams, 29-Dave Taylor
- 1977 9-Alberto Salazar, 12-Don Clary, 27-Rudy Chapa,28-Bill McChesney
- 1978 1-Alberto Salazar, 7-Don Clary, 14-Rudy Chapa,
- 22-Ken Martin
- 1979 2-Alberto Salazar, 10-Rudy Chapa, 24-Don Clary1982 32-Jim Hill
- 1983 5-Jim Hill, 24-Brad Simpson, 36-Mike Blackmore
- 1989 8-Brad Hudson, 16-Peter Fonseca, 17-Pat Haller,27-Terrence Mahon
- 1990 16-Pat Haller
- 1994 31-Matthew Davis
- 1995 15-Matthew Davis, 34-Karl Keska, 40-Rick Cantwell, 41-David Gurry
- 1996 5-Matthew Davis, 18-Oliver Wirz
- 1998 18-Steve Fein
- 1999 3-Steve Fein, 33-Andrew Bliss, 37-Jason Hartmann
- 2000 35-Jason Hartmann
- 2002 20-Jason Hartmann, 34-Ryan Andrus, 41-Eric Logsdon,
 - 43-Brett Holts
- 2003 29-Eric Logsdon
- 2006 6-Galen Rupp, 49-Diego Mercado
- 2007 2-Galen Rupp, 9-Shadrack Kiptoo-Biwott, 30-Diego Mercado,
 - 37-Kenny Klotz, 41-Daniel Mercado



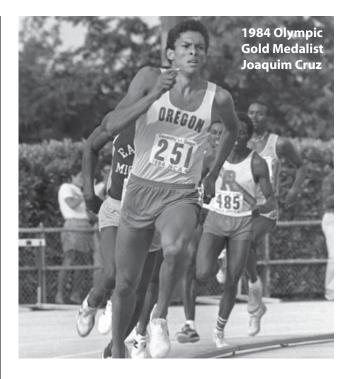
1996 NCAA Third-Place Team: Front (L-R): Oliver Wirz, Konrad Knutsen. Middle: Micah Davis, Daniel Das Neves, Matthew Davis. Back: Bill Dellinger, Greg James, Karl Keska, Rob Aubrey, Nick Rogers.

Men's Pac-8/Pac-10 Team Results

- 1969 1. **OREGON 46**
- 1970 1. OREGON 45
- 1971 1. Washington State 31, 2. **OREGON 44**
- 1972 1. Washington State 30, 2. **OREGON 70**
- 1973 1. OREGON 32
- 1974 1. Washington State 30, 2. **OREGON 51**
- 1975 1. Washington State 23, 2. **OREGON 61**
- 1976 1. OREGON 31
- 1977 1. OREGON 26
- 1978 1. **OREGON 26**
- 1979 1. OREGON 28
- 1980 1. UCLA 43...3. **OREGON 67**
- 1981 1.UCLA 59...3. OREGON 96
- 1982 1. OREGON 46
- 1983 1. Arizona 38, 2. OREGON 53
- 1984 1. Arizona 44...4. **OREGON 82**
- 1985 1. Stanford 60, 2. **OREGON 75**
- 1986 1. Arizona 49, 2. **OREGON 74**
- 1987 1. Arizona 32, 2. OREGON 71
- 1988 1. OREGON 31
- 1989 1. OREGON 30
- 1990 1. OREGON 39
- 1991 1. Arizona 45, 2. OREGON 67
- 1992 1. OREGON 48
- 1993 1. Washington 67...3. **OREGON 84**
- 1994 1. Arizona 49...3. **OREGON 97**
- 1995 1. OREGON 53
- 1996 1. Stanford 29, 2. OREGON 58
- 1997 1. Stanford 33, 2. OREGON 86
- 1998 1. Stanford 48, 2. **OREGON 50**
- 1999 1. Arizona 36...3. **OREGON 76**
- 2000 1. Stanford 21, 2. **OREGON 66**
- 2001 1. Stanford 28...3. **OREGON 78**
- 2002 1. Stanford 19, 2. **OREGON 51**
- 2003 1. Stanford 23, 2. **OREGON 91**2004 1. Stanford 37...3. **OREGON 105**
- 2005 1. Stanford 46...6. OREGON 131
- 2006 1. OREGON 53
- 2007 1. OREGON 39

Men's NCAA West Regional Team Results

- 1982 1. **OREGON 53**
- 1983 1. **OREGON 42**
- 1984 1. Arizona 40...4. **OREGON 126**
- 1985 1. Arizona 58...4. **OREGON 97**1986 1. Arizona 58, 2. **OREGON 67**
- 1987 1. Arizona 72...4. **OREGON 128**
- 1988 1. **OREGON 38**
- 1989 1. OREGON 15
- 1990 1. Arizona 50...3. **OREGON 61**
- 1991 1. Arizona 58...4. **OREGON 97**
- 1992 1. Arizona 27, 2. **OREGON 64**
- 1993 1. Portland 56...3. **OREGON 76**
- 1994 1. Arizona 46...4. **OREGON 115**
- 1995 1. Stanford 53, 2. OREGON 69
- 1996 1. Stanford 31, 2. OREGON 47
- 1997 1. Stanford 50, 2. OREGON 84
- 1000 1 Stanford 37 2 OREGON 65
- 1998 1. Stanford 37, 2. **OREGON 65**
- 1999 1. Stanford 40...4. **OREGON 96**
- 2000 1. Stanford 58...4. **OREGON 122**
- 2001 1. Stanford 37...3. **OREGON 112**
- 2002 1. Stanford 21, 2. **OREGON 43**2003 1. Stanford 18...5. **OREGON 184**
- 2004 1. Stanford 49...6. OREGON 196
- 2005 1. Arizona 33...6. OREGON 153
- 2006 1. **OREGON 69**
- 2007 1. **OREGON 47**



Men's Olympians

Galen Rupp

(Country listed in parentheses if other than USA.)

(Couri	ily listed ili paleittileses il O	ther than 03A.)	
1912	Walter McClure	800m	
1932	Ralph Hill	5,000m	14:30.0 (2nd)
1948	Jack Hutchins (CAN)	800m	1:52.6
	Jack Hutchins (CAN)	1,500m	3:54.4
1952	Jack Hutchins (CAN)	800m	1:52.8
	(2,	4x400m (2)	3:09.3 (4th)
1956	Bill Dellinger	5,000m	14:16.5 (heat)
	Jim Bailey (AUS)	800m	(
	Doug Clement (CAN)	5,000m	
1960	Dyrol Burleson	1,500m	3:40.9 (6th)
	Jim Grelle	1,500m	3:45.0 (9th)
	Bill Dellinger	5,000m	,
	Sig Ohlemann (CAN)	800m	
1964	Dyrol Burleson	1,500m	3:40.0 (5th)
	Bill Dellinger	5,000m	13:49.8 (3rd)
1968	Wade Bell	800m	1:51.5
	Arne Kvalheim (NOR)	1,500m	3:47.4
	Norm Trerise (CAN)	1,500m	3:47.6
	Ken Moore	Marathon	2:29:49.4 (14th)
1972	Steve Prefontaine	5,000m	13:28.4 (4th)
	Steve Savage	Steeple	8:39.0 (7th-ht.)
	Ken Moore	Marathon	2:15:39.8 (4th)
1976	Matt Centrowitz	1,500m	3:45.0
	Paul Geis	5,000m	13:42.5 (12th)
	Peter Spir (CAN)	1,500m	3:59.6
	Lars Kaupang (NOR)	1,500m	3:44.6
	Knut Kvalheim (NOR)	5,000m	13:30.3 (9th)
1980	Matt Centrowitz	5,000m	DNC
	Bill McChesney Jr.	5,000m	DNC
	Alberto Salazar	10,000m	DNC
1984	Joaquim Cruz (BRA)	800m	1:43.00 (1st)
	Don Clary	5,000m	13:44.97 (Semi)
	Alberto Salazar	Marathon	2:14.19
	Art Boileau (CAN)	Marathon	2:22.45
	Shemi Sabag (ISR)	Marathon	2:31.34
1988	Joaquim Cruz (BRA)	800m	1:43.90 (2nd)
1992	Danny Lopez	Steeple	8:29.01 (Semi)
1996	Joaquim Cruz (BRA)	1,500m	3:45.32
2000	Peter Fonseca (CAN)	Marathon	2:17.28 (21st)
2000	Nick Rogers	5,000m	13:46.18 (Semi)
2000	Karl Keska (GBR)	10,000m	27:44.09 (8th)
2008	Andrew Wheating	800m	

10,000m



Men's World Track and Field Championships Competitors

1983	Joaquim Cruz (BRA)	800m	1:44.27 (3rd)
	Jim Hill	5,000m	13:38.7 (Semi)
	David Mack	800m	1:46.39 (Semi)
	Bill McChesney Jr.	10,000m	28:09.55 (h)
	Alberto Salazar	10,000m	28:48.42
1987	David Mack	800m	1:48.49 (q)
1991	Brad Hudson	Marathon	DNF
	Dan Nelson	Steeplechase	8:40.23 (e)
1993	Brad Hudson	Marathon	DNF
	Dan Nelson	10,000m	30:41.72
1999	Karl Keska (GBR)	5,000m	DNS
2001	Nick Rogers	5,000m (16th-h)	14:33.39
2003	Karl Keska (GBR)	10,000m (9th)	27:47.89
2007	Galen Rupp	10,000m (11th)	28:41.71

Men's World Record Holders

1959	Bill Dellinger	2-mile (indoors)	8:49.9
1959	Bill Dellinger	3-mile (indoors)	13:37.0
1962	Archie San Romani,	4-mile Relay	16:08.9
	Vic Reeve, Keith Forma	an, Dyrol Burleson	
1968	Roscoe Divine,	4-mile Relay	16:05.0
	Wada Rall Arna Kvalh	aim Dave Wilhorn	

Men's American Record Holders

1930	Ralph Hill	Mile	4:12.4
1932	Ralph Hill	5,000m	14:30.0
1956	Bill Dellinger	5,000m	14:26.0
1956	Bill Dellinger	5,000m	14:25.5
1956	Bill Dellinger	5,000m	14:16.2
1958	Bill Dellinger	1,500m	3:41.5
1959	Bill Dellinger	2-mile (indoors)	8:49.9
1959	Bill Dellinger	3-mile (indoors)	13:37.0
1960	Dyrol Burleson	1,500m	3:41.3
1960	Dyrol Burleson	1,500m	3:40.9
1960	Dyrol Burleson	Mile	3:58.6
1961	Dyrol Burleson	Mile	3:57.6
1962	Dyrol Burleson	2-mile	8:42.5
1962	Archie San Romani,	4-mile Relay	16:08.9
	Vic Reeve, Keith Forman, D	yrol Burleson	
1967	Wade Bell	1,000y	2:06.5
1967	Wade Bell	1,000m	2:18.7
1971	Steve Prefontaine	5,000m	13:30.4
1972	Steve Prefontaine	5,000m	13:22.8
1972	Steve Prefontaine	3,000m	7:44.2
1972	Steve Prefontaine	2-mile	8:19.4
1973	Steve Prefontaine	5,000m	13:22.4
1973	Steve Prefontaine	2-mile (indoor)	8:24.6
1973	Steve Prefontaine	6-mile	27:09.4
1974	Steve Prefontaine	6-mile	26:51.4
1974	Steve Prefontaine	10,000m	27:43.6
1974	Steve Prefontaine	3-mile	12:51.4
1974	Steve Prefontaine	5,000m	13:22.2
1974	Steve Prefontaine	3,000m	7:42.6
1975	Steve Prefontaine	2,000m	5:01.4
1979	Rudy Chapa	3,000m	7:37.7
1982	Alberto Salazar	Marathon	2:08:52
1982	Matt Centrowitz	5,000m	13:12.91
1982	Alberto Salazar	5,000m	13:11.93
1982	Alberto Salazar	10,000m	27:25.61

Men's World Cross Country Championships Competitors

1966	Bruce Mortenson	Sr. 12,000m	(73rd)
1974	Matt Centrowitz	Jr. 8,000m	21:48 (5th)
1975	Don Clary	Jr. 8,000m	21:38 (5th)
1976	Alberto Salazar	Jr. 8,000m	24:36 (5th)
1979	Jim Hill	Jr. 8,000m	23:37 (12th)
1980	Ken Martin	Sr. 12,000m	37:53 (23rd)
	Don Clary	Sr. 12,000m	38:23 (43rd)
1981	Chris Hamilton	Jr. 8,000m	22:21 (6th)
1982	Don Clary	Sr. 8,000m	23:49.0 (27th)
1991	Dan Nelson	Sr. 12,000m	35:01 (28th)
	Oliver Wirz (SUI)	Jr. 8,000m	— (103rd)
1992	Ken Martin	Sr. 12,000m	38:19 (41st)
	Dan Nelson	Sr. 12,000m	39:23 (120th)
1993	Oliver Wirz (SUI)	Jr. 8,000m	— (41st)
1994	Steve Fein	Jr. 8,000m	27:25 (131st)
1995	Dan Nelson	Sr. 12,000m	36:20 (82nd)
2000	Jason Hartmann	Jr. 8,000m	25:50 (66th
	Karl Keska (GBR)	Sr. 12,000m	36:13 (13th)
	Nick Rogers	Sr. 12,000m	38:14 (76th)
	Daniel Das Neves (BRA)	Sr. 4,000m	12:58 (119th)
2001	Karl Keska (GBR)	Sr. 12,000m	41:38 (38th)
	Nick Rogers	Sr. 12,000m	41:59 (47th)
2004	Chris Winter (CAN)	Jr. 8,000m	27:53 (87th)
2005	Galen Rupp	Jr. 8,000m	25:05 (20th)
	Chris Winter (CAN)	Jr. 8,000m	27:56 (97th)
2007	Kenny Klotz	Jr. 8,000m	27:11 (56th)

Men's USA Cross Country Champions

1982	Alberto Salazar	Sr. 12,000m	36:52.4
1983	Alberto Salazar	Sr. 12,000m	36:34
2005	Galen Rupp	Jr. 8,000m	25:14



OREGON WOMEN'S CROSS COUNTRY HISTORY

On the heels of its best NCAA Championships showing in 19 years, the Oregon women's cross country team is on the verge of re-establishing itself atop the nation's distance programs.

Oregon's women's team has been a leader in cross country throughout its history dating back to Maryl Barker who placed fourth in the 1974 AIAW Invitational.

The AIAW held its first national cross country championship in 1975, and Oregon head coach Tom Heinonen and his Ducks finished fourth that year to start a string of 10, top-10 team finishes in the AIAW and NCAA Championships, including a national championship in 1983.

Oregon's magical run in the '70s and '80s featured several of the NCAA's greatest runners, including a trio of top-five NCAA Championships finishers — Leann Warren (second, 1981), Kathy Hayes (third, 1983) and Annette Hand (Peters) (fifth, 1987).

Heinonen's tremendous success continued in the '80s and '90s, and he was rewarded with his second NCAA Coach of the Year honor when Oregon won again in 1987.

Oregon cross country had 10 more NCAA appearances in the 1990's that featured four more top-10 NCAA individual placers — Lisa Karnopp (third, 1991), Melody Fairchild (ninth, 1995) and Marie Davis (ninth, 1997, 1998). The 1995 squad was one of UO's best ever with six eventual All-Americans on its squad — Fairchild, Jenna Carlson, Milena Glusac, Marie Davis, Niamh Zwagerman and Kaarin Knudson.

By the end of Heinonen's 28th and final cross country season in 2002, UO had qualified for the national finale as a team 24 times and advanced individuals three of the other four years. In that span, Oregon celebrated 18, top-10 team finishes, including six, top-three finishes.

The Ducks' dominance in the Pac-10 and West Regional is equally impressive. In the West Regional, they have won 14 team titles — the most of any team — and their 29 top-five finishes includes five runner-up nods. UO's eight individual victories are the most of any school.

Since the inception of the Pac-10 women's finale in 1986, the Oregon women own a conference-best eight individual crowns, and their seven team titles ranks second among the 10 women's programs.

It was no surprise under Vin Lananna that the Ducks began their resurgence that saw the 2007 squad post runner-up finishes at the NCAA Championships, NCAA West Regional and Pacific-10 conference meets. With All-Americans Nicole Blood and Alexandra Kosinski leading the way, a new championships era is on the horizon.

WOMEN

2007 NCAA National Runner-up

2007 NCAA West Regional Runner-up

2007 Pac-10 Runner-up

2007 Bill Dellinger Invitational Champions

2007 All-Americans Nicole Blood Alexandra Kosinski

> 2007 NCAA West Regional Runner-up Nicole Blood

2007 Bill Dellinger Invitational Champion Nicole Blood

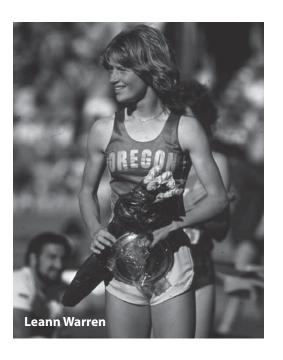
2007 Pac-10 Newcomer of the Year Alexandra Kosinski



1983 NCAA Cross Country Champions – Front (L-R): Gretchen Nelson, Kathy Hayes. Back: Birgit Petersen, Claudette Groenendaal, Kim Ryan, Kim Roth, Lisa O'Dea (Martin).

Women's NCAA/AIAW Championships Top Finishes*

- 1975 1. lowa State 96, 2. Penn State 104...4. **OREGON 143**
- 1976 1. Iowa State 62, 2. CS-Northridge 110...7. **OREGON 300**
- 1977 1. lowa State 92, 2. Penn State 116...6. **OREGON 218**
- 1978 1. lowa State 119, 2. N.C. State 142...5. **OREGON 178**
- 1979 1. N.C. State 108, 2. **OREGON 120**, 3. Penn State 138
- 1980 1. N.C. State 76, 2. Arizona 133...5. **OREGON 251**
- 1981 1. Virginia 36, 2. **OREGON 83**, 3. Stanford 105
- 1982 1. Virginia 40, 2. Stanford 91, 3. **OREGON 155**
- 1983 1. **OREGON 95**, 2. Stanford 98, 3. North Carolina State 99
- 1984 1. Wisconsin 63, 2. Stanford 89...4. OREGON 119
- 1985 1. Wisconsin 58, 2. lowa State 98...11. **OREGON 264**
- 1986 1. Texas 62, 2. Wisconsin 64...4. **OREGON 167**
- 1987 1. **OREGON 98**, 2. North Carolina State 101, 3. Yale 116
- 1988 1. Kentucky 75, 2. **OREGON 128**, 3. Nebraska 142
- 1990 1. Villanova 82, 2. Providence 172...5. **OREGON 221**
- 1991 1. Villanova 85, 2. Arkansas 168...5. **OREGON 191**
- 1992 1. Villanova 123, 2. Arkansas 130...15. **OREGON 372**
- 1993 1. Villanova 66, 2. Arkansas 71...8. **OREGON 238**
- 1994 1. Villanova 75, 2. Michigan 108...13. OREGON 349
- 1995 1.Providence 88, 2. Colorado 123...5. OREGON 174
 1997 1.BYU 100, 2. Stanford 102...8. OREGON 234
- 1998 1. Villanova 106, 2. BYU 110...12. **OREGON 384**
- 1999 1. BYU 72, 2. Arkansas 125...19. **OREGON 460**
- 2007 1. Stanford 145, 2. OREGON 177
- * AIAW (1975-80), NCAA (1981-present)



Women's NCAA/AIAW All-Americans*

- 1979 9-Jody Parker
- 1981 2-Leann Warren, 13-Eryn Forbes, 16-Kathy Hayes
- 1982 15-Eryn Forbes
- 1983 3-Kathy Hayes, 17-Lisa Martin, 27-Kim Roth
- 1984 12-Kathy Hayes, 13-Leann Warren, 16-Kim Roth
- 1986 13-Penny Graves
- 1987 5-Annette Hand, 12-Penny Graves, 15-Liz Wilson
- 1988 10-Penny Graves, 17-Liz Wilson
- 1990 26-Stephanie Wessell, 32-Liz Wilson
- 1991 3-Lisa Karnopp, 8-Lucy Nusrala
- 1993 12-Milena Glusac, 23-Jenna Carlson
- 1994 33-Milena Glusac
- 1995 9-Melody Fairchild, 15-Jenna Carlson
- 1996 18-Marie Davis
- 1997 9-Marie Davis, 34-Milena Glusac
- 1998 9-Marie Davis
- 2002 33-Carrie Zografos
- 2004 31-Laura Harmon
- 2007 8-Nicole Blood, 13-Alexandra Kosinski

^{*} AIAW (1975-80), NCAA (1981-present)



1987 NCAA Cross Country Champions – Front (L-R): Annette Hand (Peters), Deanna Schiedler, Penny Graves, Liz Wilson, Libby Tyson. Back: Karen Rayle, Lisa Johnson, Head Coach Tom Heinonen.

Women's Conference

Team Results*

1975	1. Seattle Pacific 46, 2. OREGON 60
------	-------------------------------------

1976 1. OREGON 30

1977 1. **OREGON 36**

1. OREGON 15 1978

1979 1. OREGON 18 1. OREGON 28

1981 (not contested)

1982 1. OREGON 25

1983 1. **OREGON 20**

1. OREGON 20 1984

1985 1. OREGON 30

1. OREGON 61 1986

1987 1. OREGON 29

1988 1. **OREGON 43**

1. Washington 65...3. OREGON 83 1989

1. **OREGON 56** 1990 1. **OREGON 38** 1991

1992 1. OREGON 58

1. Stanford 55...4. OREGON 78 1993

1. Stanford 57, 2. OREGON 74 1994

1995 1. OREGON 55

1. Stanford 38...5. OREGON 126 1996

1. Stanford 38, 2. OREGON 82

1. Stanford 53...5. OREGON 125 1998

1999 1. Stanford 32...6. OREGON 175

2000 1. Stanford 51...7. OREGON 140

1. Stanford 27...8. OREGON 210 2001

2002 1. Stanford 23...5. OREGON 134

1. Stanford 22...5. OREGON 161 2003

1. Stanford 30...7. OREGON 182 2005 1. Stanford 34...3. OREGON 86

2006 1. Stanford 22...4. OREGON 103

1. Stanford 48, 2. OREGON 64

Women's AIAW/NCAA West

Region Team Results* 1975 1. Seattle Pacific 46, 2. OREGON 60

1976 1. OREGON 30 1. **OREGON 36** 1978

1979 1. OREGON 18

1980 1. **OREGON 28**

1981 1. OREGON 52

1. Stanford 33, 2. OREGON 55 1982

1. **OREGON 33** 1983

1. Stanford 26, 2. OREGON 40

1985 1. **OREGON 63**

1. UCLA 69...3. OREGON 80 1986

1. OREGON 29 1987

1. **OREGON 36** 1988

1989 1. Washington 75...4. OREGON 95

1. **OREGON 49** 1990

1. OREGON 56 1991

1. Washington 90, 2t. OREGON 94 1992

1993 1. Arizona 59...3. OREGON 74

1. Stanford 55...3. OREGON 99

1994 1. **OREGON 37** 1995

1. Stanford 51...4. OREGON 153 1996

1997 1. Stanford 37, 2. OREGON 78

1. Arizona 78...4. OREGON 118 1998

1. Stanford 29...5. OREGON 158

1. Stanford 58...4. **OREGON 169** 2000

2001 1. Stanford 39...12. OREGON 350

2002 1. Stanford 24...5. OREGON 129

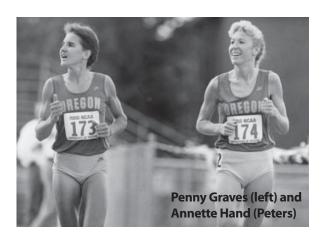
2003 1. Stanford 45...8t. OREGON 290

2004 1. Stanford 29...8. OREGON 272

1. Stanford 24...4. OREGON 139 2005

2006 1. Stanford 42...6. OREGON 177

1. Stanford 33, 2. OREGON 72 2007



Women's Olympians

1984	Ranza Clark (CAN)	800m	2:04.67 (Semis)
	Lisa Martin (AUS)	Marathon	2:29.03 (7th)
1988	Lisa Martin (AUS)	Marathon	2:25.53 (2nd)
	Cathy (Schiro) O'Brien	Marathon	2:41.04
1992	Annette (Hand) Peters	3,000m	8:52.77 (Semis)
	Cathy (Schiro) O'Brien	Marathon	2:39.42 (9th)
	Lisa Martin Ondieki (AUS)	Marathon	DNF

Women's World Championships Qualifiers

1991	Annette (Hand) Peters	3,000m	8:44.20 (8th)
1993	Annette (Hand) Peters	3,000m	8:45.56 (10th)
1993	Annette (Hand) Peters	5,000m	14:56.07
1997	Melody Fairchild	5,000m	15:42.66 (15th-q)
	Annette (Hand) Peters	10,000m	32:43.38 (13th)
2001	Rosa Gutierrez	Marathon	2:49.08 (41st)

Women's American Record Holders

1993	Annette (Hand) Peters	5,000m	14:56.07
2001	Lisa (Karnopp) Nye	Steeplechase	9:49:41

Women's World Cross Country **Championships Competitors**

1077	Erum Forbos	Cr E 000m	10.04 (E4+b)
1977	Eryn Forbes	Sr. 5,000m	19:04 (54th)
1985	Kathy Hayes	Sr. 5,000m	15:54 (16th)
1989	Annette Hand (Peters)	Sr. 6,000m	23:22 (25th)
1990	Melody Fairchild	Jr. 4,000m	14:37 (12th)
1991	Melody Fairchild	Jr. 4,000m	14:30 (3rd)
	Annette (Hand) Peters	Sr. 6,000m	21:10 (19th)
1992	Annette (Hand) Peters	Sr. 6,000m	22:13 (30th)
	Lisa Karnopp	Sr. 6,000m	23:10 (89th)
1993	Marie Davis	Jr. 4,000m	16:17 (86th)
	Annette (Hand) Peters	Sr. 6,000m	20:37 (21st)
1994	Lucy Nusrala	Sr. 6,000m	21:40 (39th)
	Liz Wilson	Sr. 6,000m	21:48 (55th)
1995	Liz Wilson	Sr. 6,000m	21:50 (62nd)
1996	Marie Davis	Jr. 4,000m	14:45 (37th)
	Liz Wilson	Sr. 6,000m	21:49 (48th)
	Lucy Nusrala	Sr. 6,000m	24:31 (116th)
1998	Liz Wilson	Sr. 8,000m	27:23 (30th)
	Tara Struyk (CAN)	Jr. 4,000m	22:06 (65th)
1999	Tara Struyk (CAN)	Jr. 4,000m	24:03 (61st)
2001	Lisa (Karnopp) Nye	Sr. 4,000m	16:13 (47th)
	Annette (Hand) Peters	Sr. 8,000m	31:19 (53rd)
2002	Milena Glusac	Sr. 8,000m	28:18 (23rd)
2006	Nicole Blood	Jr. 6,000m	21:28 (39th)

Women's National Cross Country Champions

1990	Melody Fairchild	Jr. 4,000m	12:42
1991	Melody Fairchild	Jr. 4,000m	14:06
1993	Annette (Hand) Peters	Sr. 6,000m	20:27
1994	Lucy Nusrala	Sr. 6,000m	20:40
1996	Lucy Nusrala	Sr. 6,000m	21:57
2006	Nicole Bood	Jr. 6.000m	20:45

^{*} NCWSA (1975-80), Nor Pac (1982-85), Pac-10 (1986-)

^{*} AIAW (1975-80), NCAA West Region (1981-present)